BREAD & SPREAD
BAGEL / CROISSANT / TOAST

1. Cream cheese $4.00
2. Cream Cheese & Jelly $5.00
3. Nutella $4.00
4. Peanut Butter & Jelly $5.00

BREAKFAST
(BAGEL /CROISSANT /TOAST)
(WRAP OR SUB $8.00)

5. Egg & Cheese $5.00 | $8.00
6. Bacon Egg & Cheese $7.00 | $10.00
7. Turkey bacon egg and cheese $7.00 | $10.00
8. Sliced turkey egg and cheese $7.00 | $10.00
9. Pastrami egg and cheese $7.00 |$10.00
10. Sausage Egg and Cheese $7.00 | $10.00

BRUNCH CLASSIC

BAGEL /CROISSANT /TOAST WRAP/SUP

11 **BLT** $7/$10

12 **BLT & avocado** $8/$11

13 **NY bagel** $7

(Cream cheese bacon)

14 **Grilled cheese** $6

15 **All American Grilled Cheese** $9

(Chedder, Jack, Swiss)

FRESH BURGERS MADE WITH 100% GROUND BEEF (WITH FRIES $2 AND AN EXTRA PATTY $2)

16 **Cheese Burger** $6.95

17 **Bacon cheeseburger** $8.95

18 **Empire state** $11.95

(2 pattys, bacon, jack cheese, lettuce, tomato, mayo & ketchup

19 **Broadway burger** $11.95

(2 pattys, bacon, mashrooms , Swiss cheese, lettuce tomato barbecue sauce)

VEGGIE / SANDWICH

20 Italian veggie $8.95

(fresh mozzarella, tomatoes, pesto sauce, olive oil, on toast)

21 Caprese $8.95

(fresh mozzarella, tomatoes and spinach, and olive oil, on toast)

22 Falafel $9.95

(lettuce tomatoes and tahini sauce wrap)

23 Harvest green $11.95

(hummus, spinach, carrots, avocado, and rosted peppers, on wrap

10 INCH SUBS & WRAPS $13.95 / ARTISAN ROLLS , TOAST & CROISSANT) $8.95
ADD BACON $2 ADD AVOCADO $2

24 Caesar Wrap $13.95

(Grilled chicken breast lettuce, croutons, parmesan cheese, caesar dressing, on WRAP)

25 barclays center $8.95 / $13.95

(turkey, pepper jack cheese, honey mustard, apple shavings)

26 Williamsburg Reuben $8.95 / $13.95

(Pastrami swiss cheese coleslaw, russian dressing)

27 Reuben $8.95 / $13.95

(Pastrami swiss cheese, russian dressing)

28 grand central $8.95 / $13.95

(breaded chicken, mozzarella, cheese lettuce tomatoes mayonnaise)

29 Union Square $10.95 / $15.95

(spicy breaded chicken, bacon,cheddar, blue cheese hot sauce)

30 Time Square $8.95 / $13.95

(grilled Pastrami, Provolone cheese and mustard)

10 INCH SUBS & WRAPS $13.95 / ARTISAN ROLLS , TOAST & CROISSANT) $8.95
ADD BACON $2 ADD AVOCADO $2

31 BQE **$8.95 / $13.95**
(grilled chicken chipotle mayo, pepper jack cheese, lettuce, tomato)

32 The 5 Borough **$10.95 / $15.95**
(grilled turkey, bacon, swiss cheese, lettuce tomatoes avocado chipotle mayonnaise)

33 FDR **$8.95 / $13.95**
(grilled chicken, onions, peppers, mayonnaise and cheddar cheese)

34 Central park **$8.95 / $13.95**
(lemon grilled chicken, mozzarella cheese, onions peppers mayonnaise)

35 The new yorker **$10.95 / $15.95**
(roastbeef bacon, mozzarella cheese lettuce tomato russian dressing)

36 Chopped Cheese **$8.95 / $13.95**
(chopped cheese onions peppers mayonnaise)

37 Philly **$8.95 / $13.95**
(steak onions peppers cheese mayo)

38 Crazy mix **$8.95 / $13.95**
(Turkey ,white American Cheese, onions peppers chopitle mayo, hot sauce, BBQ sause, honey mustard)

39 Nacho wrap **$9.95 / $13.95**
(hot cheetos, grilled chicken, mozzarella cheese lettuce tomatoes Chipotle mayo on a wrap)

40 Chicken parm **$8.95 / $13.95**
(breaded chicken, mozzarella cheeses, marinara sauce, pesto sauce)

41 Mixed grilled chicken **$8.95 / $13.95**
(grilled barbecue chicken, mozzarella cheese, onion peppers mayo)

42 Ranchero **$8.95 / $13.95**
(grilled chicken, cheddar cheese, jalapeño ranch lettuce tomatoes)

43 Brooklyn Bridge **$8.95 / $13.95**
(grilled chicken, swiss cheese, lettuce, tomatoes, onions, peppers chipotle mayo)

BOWLS

44 Bowls $13.95

Chicken / Steak over rice

Falafel over rice

45 Motor city.....$13.95

(chicken or steak lettuce tomatoes salsa and sour cream)

46 Quesadilla $13.95

Chicken quesadilla / Steak quesadilla / Cheese quesadilla

SALADS

47 Caesar.....$12.95

(grilled chicken, romaine lettuce, croutons, parmesan cheese, Caesar dressing)

48 CUPP.....$15.95

(grilled chicken, romaine lettuce, boiled egg, avocado, crispy bacon, blue cheese dressing, cherry tomatoes)

49 Mediterranean $12.95

(mixed greens, cherry tomatoes, red onions , fetterh cheese, olive oil , vinegar, cucumber)

BUILD YOUR OWN

(based / chicken, 3 toppings $12
add meat $4 and toppings $1)

JUICES $7.95

50 Green Juice:
(cucumber, green apple, spinach, kale and ginger)

51 Carrot Juice:
(fresh squeezed carrots)

52 Apple Ginger Juice:
(apple, carrots, ginger and lemon)

53 Very Veggie Juice:
(carrots, cucumber, beets and celery)

54 Liver Cleanse Juice:
(beets, ginger, turmeric, green apple and pineapple)

55 Hawaiian Juice:
(pineapples , coconut water)

APPETIZERS

56 French Fries $3.95

57 Cheese Fries $4.95

58 Sweet Potato Fries $4.95

59 Onion Rings $4.95

60 5 Piece Mozzarella Sticks $6.95

61 5 Chicken Tenders $6.95

62 5 Mild Wings $6.95

63 5 Buffalo Wings $6.95

SMOOTHIES $7.95

64 Mango mission:
(mango, strawberry, banana) Apple juice

65 Health Berry:
(spinach, orange,juice and strawberry)

66 Green Smoothie:
(avocado, celery, spinach, coconut water)

67 Hawaiian Smoothie:
(raspberry, mango, pineapple, and coconut water)

68 Peanut Butter:
(peanut butter, strawberry, blueberry, banana, and almond milk)

69 Choco Nana:
(banana, blueberry, almonds, almond milk, peanut butter)

70 Summer Slam:
(banana, blueberry, peanut, honey, protein)

71 Caribbean Storm:
(mango, banana, coconut water)

72 Pina Colada:
(pineapple, banana, coconut water)

73 Strawberry Banana:
(banana, strawberry, milk)

74 Going Green:
(kale, spinach, cucumber, banana, pineapple, coconut water)

75 Island Impact:
(banana, mango, pineapple, coconut water)

76 Very Berry:
(blueberry, blackberry, strawberry, apple juice)

77 Ramadan:
(spinach, banana, mango, dates, avocado, cinnamon, almond milk)

78 Berry Beet:
(beets, blackberry, blueberry, strawberry, apple juice)